



Sir Jonathan North Community College

26 February 2019

Dear Parents/Carers

Re: Day Walk Information

With the DofE day walk fast approaching, please find contact information and instructions to help the day run smoothly.

Date: Sunday 10 March 2019
Meeting Time: 9:30am
Start Time: 10:00am
Finish Time: 3:00pm
Drop-off Location: Evington Leisure Centre, Downing Drive, LE5 6LP
Pick-up Location: Evington Leisure Centre, Downing Drive, LE5 6LP

General Information

Please refer to the kit list overleaf.

Mobile phones can be brought and used in line with an appropriate use policy. Anyone found or suspected of using phones inappropriately will have their phones confiscated until we return to the Leisure Centre.

The course will cover a range of paths and roads. Please bring some plastic bags or covers for your seats as your child maybe muddy by the time we return.

If you need to urgently contact your child, call me on 07966324612 or send a text message if there is no answer or it does not ring. Text messages work better in low reception areas.

Should you have any further queries, please do not hesitate to contact myself, DofE Centre Award Manager on Istone@sjncc.leicester.sch.uk. Or contact the school.

Yours faithfully

Lucy Stone
DofE Coordinator



When on an expedition, participants should be as unaccompanied as possible. Therefore, we recommend all participants undertake a day walk as part of their training. It is vital to have the practical skills and experience needed to complete an unaccompanied expedition. This kit list is our recommended kit for your supervised day walk training. All items must be brought with you, other items are optional. You can bring kit that is not on this list but please ensure they are not on 'the bad list'.

Kit List

(highlighted kit is compulsory)

Item	Packed?
Suitable clothing for walk (no jeans), for example walking trousers or leggings	
Waterproof coat	
Walking Boots	
2 shoulder backpack (like a school bag)	
500ml – 1l bottle of water or lightly diluted drink	
A packed lunch	
A hot drink	
Camera	

The 'Bad' List

This list is not exhaustive. If you are not sure about an item, please ask Ms Stone.

Below is a list of items which we will not allow participants to bring on an expedition:

- Jeans
- Any non-rucksack style bags (for example, handbags, carry all, suitcase)
- Umbrellas
- Any electronic devices (other than a camera)
- Glass, mirrors or sharp items that cannot be sheathed